



International speaker, sportsman  
and entrepreneur

# Mark Pollock

Mark Pollock gives inspiring and effective motivational presentations based on his unique life experiences.

In 1998, Mark was a student and international rower with a fantastic job offer in London when he suddenly lost his sight. He had been on the crest of a wave as he prepared for his final exams in Trinity College Dublin, but came crashing back to earth with the news that he would never see again.

Since then Mark has rebuilt his life and, indeed, has exceeded his achievements of before. Within six months of going blind he was working again and, two years later, he completed a Masters Degree in Business Studies. He has won medals while rowing for Northern Ireland at the 2002 Commonwealth Games, completed six marathons in one week in China's Gobi Desert, raced in the world's most extreme marathon at the North Pole, developed an international speaking business and co-authored a book focused on the motivation and life choices of successful people.



Despite his life-changing difficulties, Mark Pollock has motivated himself to make the most of his opportunities. His incredible presentations have inspired individuals, teams and organisations all over the world to develop intrinsic motivation to stop making excuses and, instead, "make it happen".

Mark has worked with groups and individuals from ABN AMRO, Canon, CSFB, Bank of Ireland, the Harvard University-based 'Leaders for Tomorrow Programme', Investco, Merrill Lynch, National Australia Bank Group, Shell, Smith Barney Citigroup and Vodafone amongst many others.



## Testimonials

**"In uncertain times, Mark displays an attitude and perspective that reminds us that we really are in charge of our own destiny. In hearing how he has overcome his own difficulties, he demonstrates the power that resides within all of us to 'make things happen'. Mark truly lives up to the title of 'inspirational speaker', and we look forward to his return to Asia."**

Tom Royds, Head of Asian Equity Sales, ABN AMRO

**"Mark had over 40 participants on the Harvard University-based Leaders for Tomorrow Programme sitting on the edge of their seats thinking whether they should change how they were responding to their situations. Mark is a compelling and challenging speaker."**

Alan McKelvey, Principal, McKelvey Training & Consulting

**"One of the great strengths of Mark's message is that it does lead the listener to look at their situation and question their responses and to reflect on those attitudes. We may not control the environment and may not be responsible for the situation we find our selves in but we are responsible for our actions and responses."**

Paul Masi, MD, Head of Equity Markets, Merrill Lynch  
(Asia PacificRegion)

**"Mark's talk was exactly what was required in terms of motivating the new team as they face the challenges of the next few years. I was personally humbled to listen to Mark's story and also uplifted by it."**

Denis Donovan, CEO, Wholesale Financial Services, Bank of Ireland

To book Mark for your next meeting, conference, or training session, email [mark@markpollock.com](mailto:mark@markpollock.com) or call +353 (0) 87 223 3372.

Visit [www.markpollock.com](http://www.markpollock.com) for more information.